



## **Save Energy: Reduce Your “Carbon Footprint”!**

Earn 10 cents for each of the following changes that you make at home:

- Help your family replace standard light bulbs with energy efficient (CFL) bulbs
- Air-dry your hair instead of using a blow dryer
- Turn off lights when you leave the room or when not in use
- Unplug appliances, such as toasters or chargers, when not in use
- Shut off water while brushing teeth
- Take shorter showers
- Drink tap water instead of bottled water
- Drink one less bottled or canned drink per week
- Remind your family to use reusable shopping bags at the grocery store
- Reuse paper when possible for school and art projects

Earn 25 cents for each of the following changes:

- Watch 1 hour less TV or spend 1 hour less on the computer each week
- Walk to school 3 or more days/week
- Use cloth napkins instead of paper
- Help your family collect and sort items for recycling: bottles, cans, newspapers, packaging, and other paper products

**Remember: Even small changes can make a difference!**

